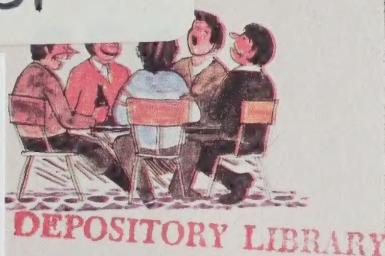


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drinking
can be
fun



but it
isn't
always
fun



sometimes
it takes
food money



sometimes
it makes
trouble



or worse



some
people
have to
have it



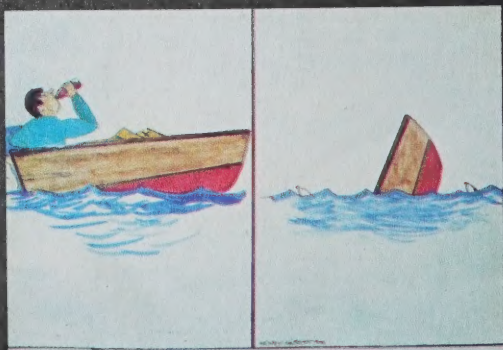
then
they can't
handle it



they may
pass out



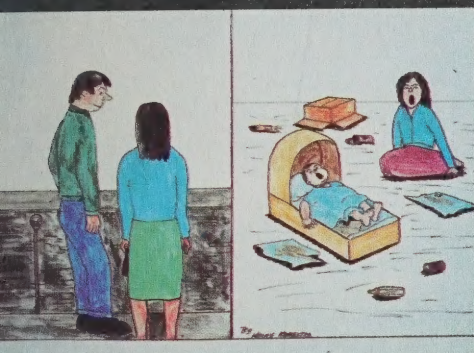
or become
very sick



or die



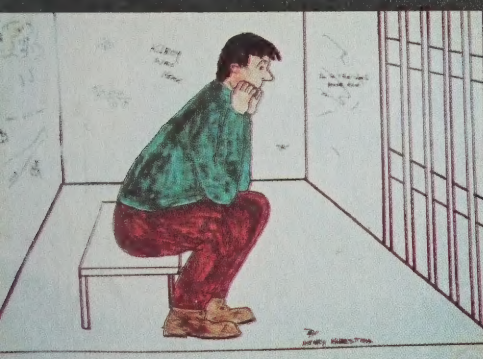
too much
alcohol
hurts people



it hurts
more
than the
drinker



wives
and children
suffer too



the end
of the
story
can be bad



but
it doesn't
have
to be



The tree means life, the hand means help. The Addiction Research Foundation is here to help people who have trouble with alcohol and other drugs. Tax money pays for this Ontario government service.

This help is available from Addiction Research Foundation offices in the following places:

Belleville	Orillia
Brantford	Oshawa
Chatham	Ottawa
Cornwall	Owen Sound
Guelph	Pembroke
Hamilton	Peterborough
Kapuskasing	St. Catharines
Kenora	Sarnia
Kingston	Sault Ste. Marie
Kirkland Lake	Simcoe
Kitchener	Sudbury
London	Thunder Bay
Mississauga	Timmins
Niagara Falls	(South Porcupine)
North Bay	Toronto
Oakville	Welland
	Windsor

Drawings by Henry Kabestra, Shoal Lake Band.

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